Ambassador of the Kingdom of God called Nationally to the People of Jamaica; Regionally to the Caribbean; and Internationally to the Jamaican Diaspora

#### RE: DEVOTIONAL READING SCHEDULE

This spiritual journey must commence with thanksgiving and Praise unto the Lord. It is an exercise that will prepare you to position yourself in a place of intimacy with the Lord. In this way you will be able to access Him, to find Rest in His Presence, to gaze upon His Beauty and to have the realization that you who were made in His image have come far short of His glory. It will prepare you for service among His people after you go through the process of cleansing, consecration and commitment for the mission to which you were called.

- 1. Separate yourself to spend at least 50 minutes each morning.
- 2. Begin with reading aloud the eight Praise passages presented on the separate sheet, and be absorbed by it.
- 3. Spend a few minutes praying in the Spirit.
- 4. Read the passage assigned for the day.
- ✓ You will remember to study a verse a day, and keep a personal daily journal
- ✓ Do a special summary review reflection on each **Saturday**.
- ✓ **Sundays** are open to do as you will but to prepare yourself for the coming week's exercise.
- ✓ Although 50 minutes is suggested, you may determine a comfortable and convenient length of time for each day's meditation. The important thing is to be disciplined and consistent. Although each day is important, it is the cumulative effect which will make the difference.

#### The Saturday Review Session

On Saturdays take a longer time of retreat (one hour) in order to reflect on the experience of the entire week. These thoughts must be recorded with the view to sending me a copy of your response to the questions below reflecting your week's journey.

If you send them each Saturday, I will read them prayerfully and respond to you in the Lord.

# Ask yourself the following questions:

- 1. What have I learned this week?
- 2. What scriptures have meant most to me, and why?
- 3. What has God said to me about myself?
- 4. What changes have been demanded of me?
- 5. What am I prepared to do about them?

- 6. What reassurances have I received about myself?
- 7. What questions still linger in my mind?
- 8. How would I rate my journey this week (1-10), and why?
- 9. Am I prepared to continue?
- 10. What else do I wish to add to the above?

#### PRAISE SONGS FOR DAILY RENDITION

Recite the following Passages with reflective thanksgiving and praise. Follow it with praying in the Spirit and with the understanding. Ten minutes first thing in the morning in this exercise will set you on a clear path for the rest of the day!

## 1. (I speak to myself)

#### Psalm 103:1-6.

Bless the LORD, O my soul; And all that is within me, *bless* His holy name! Bless the LORD, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,

Who satisfies your mouth with good *things*, *So that* your youth is renewed like the eagle's. The Lord executes righteousness And justice for all who are oppressed.

## 2. (My Public Declaration)

## Psalm 34:1- 4.

I will bless the LORD at all times; His praise *shall* continually *be* in my mouth. My soul shall make its boast in the LORD; The humble shall hear *of it* and be glad. Oh, magnify the LORD with me, And let us exalt His name together. I sought the Lord and He heard me, and delivered me from all my fears.

#### 3. (My Testimony of Him)

#### Revelation 5:9-10

You are worthy to take the scroll,
And to open its seals;
For You were slain,
And have redeemed us to God by Your blood
Out of every tribe and tongue
And people and nation,
And have made us kings and priests to our God;
And we shall reign on the earth.

# 4. (My Testimony is Confirmed in Heaven Revelation 5:11-12

I looked, and I heard the voice of many angels around the throne, the living creatures, and the elders; and the number of them was ten thousand times ten thousand, and thousands of thousands, saying with a loud voice: "Worthy is the Lamb who was slain To receive power and riches and wisdom, And strength and honour and glory and blessing!"

# 5. (I Respond with Gratitude)

#### **Luke 1:46-50**

My soul magnifies the Lord, And my spirit has rejoiced in God my Saviour. For He has regarded the lowly state of His (maid-) servant;

For behold, henceforth all generations will call me blessed.

For He who is mighty has done great things for me, And holy is His name.

And His mercy is on those who fear Him From generation to generation.

# 6. (I Beseech the Lord on behalf of others) Psalm 67:3-7

Let the peoples praise You, O God; Let all the peoples praise You. Oh, let the nations be glad and sing for joy! For You shall judge the people righteously, And govern the nations on earth. Selah Let the peoples praise You, O God; Let all the peoples praise You. Then the earth shall yield her increase; God, our own God, shall bless us. God shall bless us, And all the ends of the earth shall fear Him.

# 7. (Summoning all of Creation)

## Psalm 148:1-6

Praise the LORD from the heavens; Praise Him in the heights!

Praise Him, all His angels;

Praise Him, all His hosts!

Praise Him, sun and moon; Praise Him, all you stars of light! Praise Him, you heavens of heavens, And you waters above the heavens!

Let them praise the name of the LORD, For He commanded and they were created. He also established them forever and ever; He made a decree which shall not pass away

# 8. (Joining the Cosmic Symphony of Praise) Psalm 150

Praise the LORD!

Praise God in His sanctuary;

Praise Him in His mighty firmament!

Praise Him for His mighty acts;

Praise Him according to His excellent greatness!

Praise Him with the sound of the trumpet;

Praise Him with the lute and harp!

Praise Him with the timbrel and dance;

Praise Him with stringed instruments and flutes!

Praise Him with loud cymbals;

Praise Him with clashing cymbals!

Let everything that has breath praise the LORD. Praise the LORD!

(Prepared by CB Peter Morgan)